



Chennai School of Music Therapy
Taking Traditions to Clinical Practice

An Introductory Music Therapy Course



Duration of the course : One day

Date of the course : 09 - 03 - 2025

Time : 10.00 am to 05.00 pm

Fees : Rs.2000/-

Rs.200 additional fee for
E-certificate

www.chennaiusictherapy.org | info@chennaiusictherapy.org

Who can take up the course?



Candidates who are graduates in any discipline / awaiting final year results / pursuing bachelor's degree / passed 12th Std

Objectives of the Course:

1. To create an awareness on the evidence-based therapeutic effects of music.

2. To introduce the conceptual framework in establishing a relationship between music, health, and well-being and how music can be integrated as a complementary health care method in medical treatments.

3. To make understand what is music therapy? What are the opportunities available to the aspiring music therapists to work as a music therapist in India? How can a music performer turn into a clinician? The Role of performing arts in therapy.

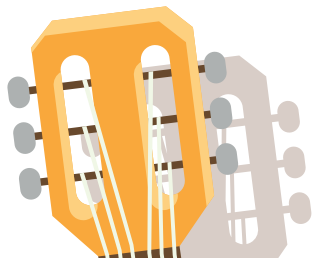
4. To help gain knowledge on the effect of music in our everyday life, music and its bio-psycho-social effects on human beings, music and its effect on the brain and the brain plasticity.



Learning Outcomes

The participants after attending the course will be able to

1. Describe the scientific basis of the therapeutic effects of music.
2. Use music as a self-care method to induce positive emotions and cognition and reduce stress in daily lives.
3. Get sensitized to the effect of music on salutogenesis and use music as a preventive health care strategy.
4. Understand music as a way to enhance self-expression.



Online Course Requirements



- ✓ Have a high speed internet connection
- ✓ Use of headphones and video camera are mandatory

Certificate Requirement: Completion of class test



Course Director

Dr. Sumathy Sundar

Course Coordinators

Ms. Sneha: 9500931943

English is the official language for the course

Payment of fees by

Bank Transfer - NEFT / IMPS / GPay

Account Name:

Chennai School of Music Therapy Private Ltd.

A/c type: Current account

Account no. 6013337595

IFSC code: IDIB000P193

Indian Bank, Puzhuthivakkam Branch

No.3, Medavakkam Main Road,

Chennai 600 091

Tamil Nadu

**Last Date
To Apply**

08 - 03 - 2025